

**Bulletin # 102656**

**Our Lady of Fatima  
2010 12th Avenue  
Altoona, PA 16601**

**814-942-0371**

**Attn: Carol Smith**

**MESSAGES:**

## O.L.F. Year For The Eucharist June 20, 2010 - June 19, 2011

<b>Mon. 12/06</b>	<b><u>victims of Cancer</u></b>
<i>Feast</i>	Advent Weekday
8:00 AM Mass	Denise Keagy, <i>Linda Cassarly</i>
<b>Tues. 12/07</b>	<b><u>victims of Cardiovascular Disease</u></b>
<i>Feast</i>	St. Ambrose, Bishop
8:00 AM Mass	Mary Jean Gibbons, <i>Theresa Bernard</i>
6:00 PM Mass	E. Champeno, Jr., Ann 11/7, <i>str. Joann Miller</i>
<b>Wed. 12/08</b>	<b><u>victims of Arthritis</u></b>
<i>Feast</i>	The Immaculate Conception
8:00 AM Mass	Health of Fr. Andre Strittmatter, <i>The Kelly's</i>
6:00 PM Mass	Fr. Anthony J. Pollack, <i>M/M Paul Rose</i>
<b>Thur. 12/09</b>	<b><u>victims of Neuromuscular Disorders</u></b>
<i>Feast</i>	Advent Weekday
8:00 AM Mass	Marguerite Frederick, <i>Lorraine Shuma</i>
<b>Fri. 12/10</b>	<b><u>victims of Emotional Disorders</u></b>
<i>Feast</i>	Advent Weekday
8:00 AM Mass	Maureen Wolf. 1st Ann., <i>M/M J. Hosgood</i>
<b>Sat. 12/11</b>	<b><u>victims of Diabetes and Obesity</u></b>
<i>Feast</i>	Third Sunday of Advent
4:30 PM Mass	Rita Raichle, <i>Jim &amp; Agnes Eckenrode</i>
<b>Sun. 12/12</b>	<b><u>victims of Addictions and Obesity</u></b>
<i>Feast</i>	Third Sunday of Advent
9:00 AM Mass	Liv/Dec members of Our Lady of Fatima
11:00 AM Mass	Bill Conrad, <i>Pat Wall</i>

### MONEY MATTERS

Christ the King Sunday, Nov. 21. Contributions were \$2,277.71 of which \$207.46 were Visitor Contributions

First Sunday of Advent November 28, 2010

268 people Celebrated Liturgy at O.L.F. contributing \$2,260.43 of which \$ 240.43 accounted for visitor contributions.

# Envelopes In Circulation 216 # Used 101 # Unused 115

**Diocesan/Catholic Schools Collections:**

**Catholic Univ. of Am. = \$10.00**

**World Mission Sunday = \$ 130.00**

**ACCS collection = \$155.00**

**Medical/Retire. for Priests/Relig. = \$ 515.00**

**Catholic Charities = \$ 755.00**

**Fundraisers:**

**Anything Pumpkin Bake Sale Profit = \$ 412.25** (*Decorations and packaging were donated.*)

Tons of studies and surveys have been done to prove that the most feared thing by most people, feared even more than death itself, is speaking (or singing) in public. So, when we ask you to volunteer to be a Cantor or Lector, know that you are in good company.

The issue of fear is not a question. The only question to be answered is: Do you control your fear or does it control you? Will you be a Lector or Cantor? We need both. Why not just do it?

## You Are Invited . . .

### Saturday, Dec. 11, 2010 after 4:30 Mass

to participate in our Annual Holiday Open House in the O.L.F. Rectory. This is an opportunity for parishioners and parish staff members to honor and thank the many volunteers and vendors who keep the parish moving ahead. Everybody is invited to come and pay tribute to the servers, lectors, cantors, E.Ms musicians, choir persons, sacristans, linen laundresses, fundraiser workers, the various Councils, and those many other unseen and unsung people who do this that and the other things around the 5th Ward parish.

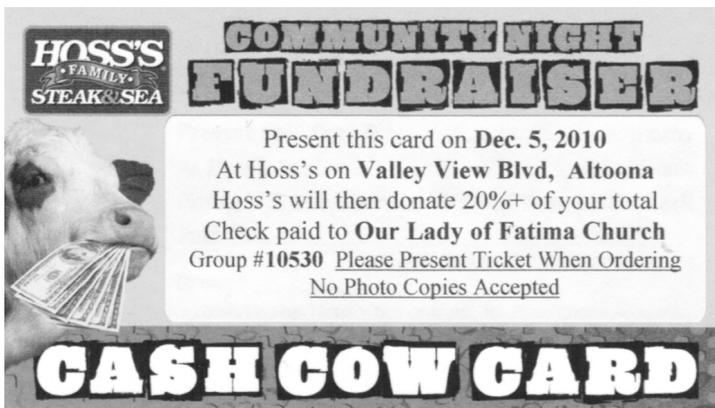
The parish will be providing the basics. Call the Rectory to see what other folks are bringing and to ask for a suggestion of a gourmet delight you might want to contribute. This phone contact is to make sure we don't have to contend with 23 green jello molds.

## Our Lady of Fatima Parish Schedule

- DEC 5 SUN HOSS'S Monthly Fundraiser (First Sunday of Month)\*\*\*\*\*
- DEC 7 TUE 6:00 PM Anticipatory Mass for Immaculate Conception (Obligation)
- DEC 8 WED 8:00 AM Mass for Immaculate Conception (Day of Obligation)
- DEC 8 WED 6:00 PM Mass for Immaculate Conception (Day of Obligation)
- DEC 11 SAT Christmas Open House at the Rectory after 4:30 Mass
- DEC 18 SAT SNOW Date for Open House
- DEC 18 SAT OLF Home made Cookie Sale in vestibule of church
- DEC 19 SUN OLF Home made Cookie Sale in vestibule of church
- DEC 19 SUN Christmas Decorating of the Church following 11:00 Mass
- DEC 24 FRI Christmas Eve Mass at 4:30 (Obligation) - Christmas Carols at 4:00
- DEC 25 SAT Christmas Day Mass at 10:00 (Obligation) (one morning Mass only)
- DEC 25 SAT 4:30 PM Anticipatory Mass for Sunday (Holy Family Sunday, 12/26/10)
- DEC 26 SUN Regular Sunday Schedule of 9:00 and 11:00 AM Masses
- DEC 31 FRI Not a Holy Day of obligation this year. (Regular 8:00 morning Mass only)
- JAN 1 SAT Not a Holy Day of obligation this year. (Sunday 4:30 anticipatory Mass only)
- JAN 2 SUN Hoss's Monthly Fundraiser (First Sunday of Month)
- JAN 2 SUN Parish Council and Finance Committee Meeting after 11:00 Mass

This Sunday, December 5, 2010, is Fatima Sunday at the Valley View Blvd HOSS'S Restaurant. If you (or anybody you give it to) presents a (actual) Cash Cow Card to the cashier at the time of payment, Hoss's will send us 20% of whatever the bill is. The 20% deal applies to "gift cards" purchased on Dec. 5. *Think Christmas gifts while you are eating!!!*

Also keep in mind that the Parish Council's current plan calls for every First Sunday of each month to be OLF Sunday at Hoss's. Note: the tickets are dated and usable only on that date.



See you there for:

Lunch  
and/or  
Dinner

# Why Does the Priest Wash His Hands during Mass?

Kristopher W. Seaman

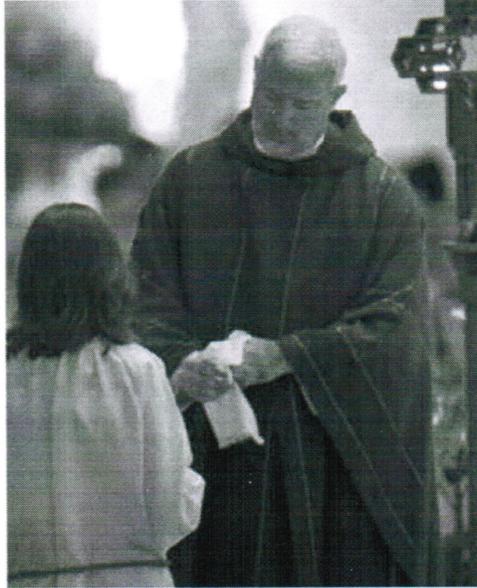
During the Preparation of the Altar and the Gifts, various movements are made. The gifts of bread and wine are processed forward by members of the liturgical assembly and received by the presider at the altar-table. The priest pours water into the wine.

Finally, after incensing, usually the server pours a good quantity of water on both the fingers and the hands of the presider, who then uses a towel to dry his fingers and hands fully.

The priest says inaudibly while washing his hands, “Lord, wash away my iniquity; cleanse me from my sin” (*The Sacramentary* p. 371). (When the next edition of the Missal is promulgated, this book will be called the Roman Missal.)

Because the prayer is inaudible, and because in most parishes music is being sung during the preparation rites, members of the liturgical assembly do not hear the personal prayer of the priest while washing his hands, yet see the washing of his hands. Thus, the question is often asked, “Why does the priest wash his hands at Mass?”

Currently, the “red book” the priest uses at Mass is called *The Sacramentary*. This ritual book contains the prayers and directions (called “rubrics,” which is Latin for red because the directions appear in red ink while the prayers are in black ink) for the Mass. In the front of this book is a document called the *General Instruction of the Roman Missal* (GIRM).



This document, which has a rich source of theology and liturgy, provides background theology and direction for those who prepare the liturgy. The GIRM states that “The priest then washes his hands at the side of the altar, a rite that is an expression of his desire for interior purification” (76). Thus, more than cleansing the hands is suggested by this prayer.

Many of us tend to believe that the washing of his hands is a physical cleansing of the hands. Rather, the priest’s prayer during the washing is about the interior

dimension of the priest so that he may be purified. The prayer also confirms this desire so that he may be cleansed from his sin and freed from iniquity.

In the prayer, twice “my” is used to express that this is for the priest’s personal benefit. In addition, the rubrics or directions in *The Sacramentary*, states this is said inaudibly so that the liturgical assembly would not even hear the prayer. This, too, suggests that the prayer is for the presider’s own benefit. In other words, this is a spiritual and penitential prayer for the presider and not a communal prayer for the entire liturgical assembly.

Kristopher W. Seaman is the associate director of the Office for Divine Worship in the Diocese of Gary, Indiana.

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## Retirement Fund for Religious



**Elder Religious Need Your Help**  
There are nearly 35,000 women and men religious past age 70 living in the United States.

- Their average annual cost of care is over \$36,000 per person. Skilled care reaches \$52,000.
- Fewer than seven percent of religious communities reporting to the National Religious Retirement Office are adequately funded for retirement.

### Retirement Fund for Religious

As you recall the people who have most shaped your life, you may remember the sister who prepared you for First Holy Communion or the brother who coached your high school basketball team. Never counting the cost, these religious shared with you love, faith, and a belief in all that you could be—choosing to invest in your future rather than their own. Today, these sisters and brothers may be elderly or infirm. Today, they likely receive an average Social Security benefit of just over \$4,500 annually.\* Today, they need you. Please be generous. Ninety-five percent of every donation to the National Religious Retirement Office aids senior religious. To learn how your gift helps, visit [www.retiredreligious.org](http://www.retiredreligious.org). To give at your parish: Make your check payable to your parish. (Put RFR on the memo line.) Retirement Fund for Religious. Use the envelope in this week's Bulletin next weekend.

Memorialize a loved one at Christmas by joining in one of our largest annual fundraisers. Using one or more of the envelopes placed on the heating units on both sides and back of the church to make an *extra* Christmas contribution in excess of \$9.99. As in past years the name of the one you are memorializing will be printed in the Bulletins of December 25-26 and January 1-2. A substantial portion of the monies collected will be spent on Christmas decorations for the Church. The remainder will go - as all fundraiser monies do - into the *Activities Account*. Please don't *memorialize* everybody you've ever met on one envelope.

*Christmas Flower Offering*

IN MEMORY OF \_\_\_\_\_

NAME \_\_\_\_\_ *please print*

ADDRESS \_\_\_\_\_

ENV. NO. \_\_\_\_\_ AMOUNT \$ \_\_\_\_\_

Don't forget the annual *bake and buy* Christmas Cookie Sale where our parishioners bake and bring to the church (rectory) on Friday and Saturday cookies to be sold after weekend Masses on Dec. 18-19.

## General Instruction of the Roman Missal

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**102. The psalmist's role is to sing the Psalm or other biblical canticle that comes between the readings. To fulfill this function correctly, it is necessary that the psalmist have the ability for singing and a facility in correct pronunciation and diction. (Note #309 below)**

103. Among the faithful, the *schola cantorum* or choir exercises its own liturgical function, ensuring that the parts proper to it, in keeping with the different types of chants, are properly carried out and fostering the active participation of the faithful through the singing. What is said about the choir also applies, in accordance with the relevant norms, to other musicians, especially the organist.

**104. It is fitting that there be a cantor or a choir director to lead and sustain the people's singing. When in fact there is no choir, it is up to the cantor to lead the different chants, with the people taking part. (Note *The Lectern* below)**

### The Ambo

309. The dignity of the word of God requires that the church have a place that is suitable for the proclamation of the word and toward which the attention of the whole congregation of the faithful naturally turns during the Liturgy of the Word.

It is appropriate that this place be ordinarily a stationary ambo and not simply a movable lectern. The ambo must be located in keeping with the design of each church in such a way that the ordained ministers and lectors may be clearly seen and heard by the faithful.

**From the ambo only the readings, the responsorial Psalm, and the Easter Proclamation (Exsultet) are to be proclaimed; it may be used also for giving the homily and for announcing the intentions of the Prayer of the Faithful.** The dignity of the ambo requires that only a minister of the word should go up to it.

### The Lectern

*Since the General Instruction is very explicit about what takes place at the Ambo it is obvious that other activities i.e. Cantoring, Leading of congregational singing, Making of announcements, and non-homiletic speeches or appeals, must emanate from a different source: The Lectern. Our lectern fulfills the requirements of the GIRM in that it is different in position from and appearance of the Ambo.*

Please make every effort to conform to the directives of the GIRM by singing at Sunday Mass.