

Our Lady of Fatima Weekly Bulletin

Fifth Sunday of Lent

March 20-21, 2010

Father J.D. Zatalava, Pastor † 2010 12th Avenue † Altoona, PA 16601 † 814-942-0371 † www.ourladyoffatimaaltoona.com

YEAR FOR
PRIESTS

June 19, 2009 - June 19, 2010

The Daily Liturgical Schedule

07:00 AM Eucharistic Adoration for private Holy Hours
07:40 AM Rosary Begins
08:00 AM Weekday Mass
08:30 AM Confessions until 9:00 AM
09:00 AM Church remains open for personal and private Eucharistic Adoration until Dusk each day

Check Page Two for non-Liturgical Scheduled Events

Mon. 3/22

8:00 AM Mass

Tues. 3/23

8:00 AM Mass

Wed. 3/24

8:00 AM Mass

Thur. 3/25

8:00 AM Mass

Fri. 3/26

8:00 AM Mass

Sat. 3/27

4:30 PM Mass

Sun. 3/28

9:00 AM Mass

11:00 AM Mass

Pray for victims of Cancer

Denise Keagy, Joe & Bebe Milliron

Pray for victims of Cardiovascular Disease

Don Shuma, George & Pat Koeck

Pray for victims of Arthritis

Frances Kasun, Dave, Kathy & Brandon Baronner

Pray for victims of Neuromuscular Disorders

LaVerne Conway, Karen Moran

Pray for victims of Emotional Disorders

Phyllis Mosney, Debbie & Ken Klinger

Pray for victims of Diabetes

Pearl Riggleman, Family

Pray for victims of Addictions

Living & Deceased of Our Lady of Fatima Parish

Arthur (Bill) Wall, Anniv Death, Wife Pat & Family

2010 Lenten Schedule

6:00 PM Every Wednesday

Holy Hour of Eucharistic Adoration during which all 20 decades of the Rosary will be said, followed by Benediction of the Blessed Sacrament (non-allergenic incense)

6:00 PM Every Friday

Stations of the Cross

THE ROMAN MISSAL

LITURGICAL REFLECTION ... from the Diocese of Altoona-Johnstown, Liturgy Office, 925 S. Logan Blvd., Hollidaysburg, Pennsylvania 16648

The third edition of the Roman Missal takes time to direct the ancient gesture of signing ourselves with the SIGN OF THE CROSS. Christians have traditionally started and ended prayer with the sign of the cross. We begin Mass and, in the form of a blessing, Mass concludes with the sign of the cross. As the Gospel is introduced, we sign our foreheads, our lips, and our hearts with a cross. We pray that the proclaimed word will rest in our minds, always be on our lips, and take root in our hearts in praise of God. Lent is the appropriate time to focus on the cross and how we use this ancient, sacred gesture in prayer.

Page Two ... This week at the O.L.F. Parish, in the 5th Ward, and around town

Sunday (today) March 21 5:00 PM St. Rose of Lima Community Penance (Confession) Service

Monday, March 22 7:00 PM Mt. Carmel Community Penance (Confession) Service

Tuesday, March 23

Wednesday, March 24 6:30 PM Cathedral Community Penance (Confession) Service

Thursday, March 25

Friday, March 26

Saturday, March 27

Sunday March 28 Palm Sunday
4:00 PM St. Mary (Hollidaysburg) Community Penance (Confession) Service

MONEY MATTERS

Fourth Sunday of Lent (March 14th)

213 people Celebrated Liturgy at O.L.F. contributing \$ 2,695.67 of which \$ 202.07 accounted for "loose".

Envelopes In Circulation 227 # Used 100 # Unused 127

A Lingerin Voice

Listed below weekly are the names of deceased persons whom our parishioners have requested be remembered in our daily private prayers.

Francis T. Zatalava Father of J.D. Zatalava	Mae A. Zatalava Mother of J.D..Zatalava	John A. Zatalava Brother of J.D. Zatalava	The Zaczek Family Carol Smith	Coy R. Smith Family Carol Smith
The Jaronieski Fam. Carol Smith	Herbert E. Summers, Sr. Herbert E. Summers Jr.	In Memory of Bill Stitt Wife & Family	M/M Austin Weakland Bernadette Weakland	"Uncle Fred" Weakland Marguerite
David Frederick Family	Sally Colledge Husband Pete	Father Anthony Pollack Our Lady of Fatima	Denise Keagy By Friends	M/M Fred Weakland Brian Weakland Family

Down through the centuries Church Fathers have assured us of two things: 1. Our loved ones who are in Purgatory need and benefit from our prayers. 2. Prayers said for those who have exited Purgatory and are already in Heaven are not wasted, but are "redirected" as expressed so beautifully in our Fatima Rosary Prayer: "Oh my Jesus save us from the fires of hell, **lead all souls to heaven especially those in most need of Thy mercy.**" Call the Rectory for details concerning this program.

Use this form to help us record and celebrate members of Saint Peter and Paul, St. Leo, and Our Lady of Fatima Parishes who served in the U.S. Armed Forces since 1910. Lost their lives (†) or honorably discharged.(√)

Name Rank

Branch Served From: To:

Submitted by: Phone #

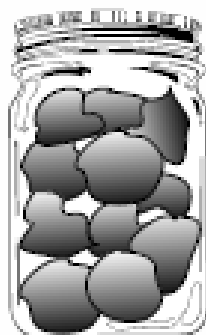


O.L.F. Keeping In Touch With Teens

TIME MANAGEMENT

One day, an expert in time management was speaking to a group of business students and, to make a point, used an example those students will never forget.

As he stood in front of the group of high-powered overachievers, he pulled out a one-gallon, wide-mouth mason jar and set it on the table. Then he produced about a dozen large rocks and carefully placed them, one by one, into the jar. When the jar was filled to the top and no more rocks would fit inside, he asked, "Is this jar full?" Everyone in the class said, "Yes." He questioned them, "Really?" He reached under the table and pulled out a bucket of gravel. He dumped some gravel in and shook the jar, causing pieces of gravel to work themselves down into the space between the big rocks.



Then he asked the group, "Is this jar full?" By this time the class was on to him. "Probably not," one of them answered. "Good!" the instructor replied. He reached under the table and brought out a bucket of sand. He started dumping the sand in the jar and it went into all the spaces left between the rocks and the gravel. He asked the question again, "Is this jar full?" "No!" the class shouted. Once again, he said, "Good!" Then he grabbed a pitcher of water and began to pour it in until the jar was filled to the brim.



Then the expert in time-management looked at the class and asked, "What is the point of this illustration?"

One eager student raised his hand and said, "The point is, no matter how full your schedule is, if you try really hard you can always fit some more things in it."

"No", the speaker replied, "That's not the point. The truth this illustration teaches us is this: If you don't put the big rocks in first, you'll never get them in at all. What are the big rocks in your life? Your family, your loved ones, your friendships, your education, your dreams, or a worthy cause. Doing things that you love, taking time for yourself, your health, these are the big things. So, remember to put these BIG ROCKS in first, or you'll never get them in at all. If you sweat the little stuff, like the gravel and the sand then you'll fill your life with little things. Then you will never have the real quality time you need to spend on the big, important stuff, the big rocks."

So, when you are reflecting on this short story, ask yourself this question: What are the "big rocks" in my life? Then put those in your jar first.

SOME ADVICE

- Never miss a good chance to shut up.
- A closed mouth gathers no foot.
- Generally speaking, you aren't learning much when your mouth is moving.
- It is far more impressive when others discover your good qualities without your help.
- Even when you have pains, you don't have to be one.
- Every day you should reach out and touch someone. People love that human touch—holding hands, a warm hug, or just a friendly pat on the back.

