

Our Lady of Fatima Weekly Bulletin

Fourth Sunday of Lent

March 13-14, 2010

Father J.D. Zatalava, Pastor † 2010 12th Avenue † Altoona, PA 16601 † 814-942-0371 † www.ourladyoffatimaaltoona.com

YEAR FOR
PRIESTS

June 19, 2009 - June 19, 2010

The Daily Liturgical Schedule

07:00 AM Eucharistic Adoration for private Holy Hours
07:40 AM Rosary Begins
08:00 AM Weekday Mass
08:30 AM Confessions until 9:00 AM
09:00 AM Church remains open for personal and private Eucharistic Adoration until Dusk each day

Check Page Two for non-Liturgical Scheduled Events

Mon. 3/15

8:00 AM Mass

Pray for victims of Cancer

LaVerne Conway, M/M Charles Hennigan

Tues. 3/16

8:00 AM Mass

Pray for victims of Cardiovascular Disease

Helen Kasun, Ralph Albarano, Jr.

Wed. 3/17

8:00 AM Mass

Pray for victims of Arthritis

Phyllis Mosney, Helen Pufka

Thur. 3/18

8:00 AM Mass

Pray for victims of Neuromuscular Disorders

Mary Zingrone, M/M J Kukich & Children

Fri. 3/19

8:00 AM Mass

Pray for victims of Emotional Disorders

Don Shuma, Paul & Mary Dennis

Sat. 3/20

4:30 PM Mass

Pray for victims of Diabetes

Sally Colledge, Husband, Pete

Sun. 3/21

9:00 AM Mass

Pray for victims of Addictions

Liv & Dec'd of Our Lady of Fatima Parishioners

11:00 AM Mass

Fr. Anthony Pollack, Pat Wall & Family

2010 Lenten Schedule

6:00 PM Every Wednesday

Holy Hour of Eucharistic Adoration during which all 20 decades of the Rosary will be said, followed by Benediction of the Blessed Sacrament (non-allergenic incense)

6:00 PM Every Friday

Stations of the Cross

The Roman Missal

LITURGICAL REFLECTION ... *from the Diocese of Altoona-Johnstown, Liturgy*

Office, 925 S. Logan Blvd., Hollidaysburg, Pennsylvania 16648

The different postures at Mass reinforce the meaning of the action in which we are taking part at that moment in our worship. STANDING is a sign of respect and honor, so we stand as the priest who represents Christ enters and leaves the liturgical assembly. When we stand we assume our full stature before God, not in pride, but in humble gratitude for the marvelous things God has done for us. We stand for the Gospel, the pinnacle of revelation. And in the United States, we stand for the reception of Communion, the Sacrament that unites us in a profound way with Christ. KNEELING signifies penance and awareness of our dependence on God. This posture is a sign of adoration. The bishops of our country have chosen that we kneel for the entire Eucharistic Prayer (particular to the United States). SITTING is the posture of listening and meditation. The assembly sits for the first reading, the sung psalm, and the second reading, and may sit or kneel after the Communion hymn is complete as we enter into communion thanksgiving

Page Two ...This week at the O.L.F. Parish, in the 5th Ward, and around town

Sunday (today) March 14 12N-4PM Men's Turkey Dinner Basilica of St. Michael the Archangel, Loretto 472-8551

Monday, March 15 6:30 PM St. John's (Lakemont) Community Penance (Confession) Service

Tuesday, March 16

Wednesday, March 17

Thursday, March 18

Friday, March 19

Saturday, March 20

Sunday March 21 5:00 PM St. Rose of Lima Community Penance (Confession) Service

MONEY MATTERS

Third Sunday of Lent (March 7th)

283 people Celebrated Liturgy at O.L.F. contributing \$ 2,964.27 of which \$ 251.02 accounted for "loose".

Envelopes In Circulation 227 # Used 112 # Unused 115

Listed below weekly are the names of deceased persons whom our parishioners have requested be remembered in our daily private prayers.

A Lingerin Voice

Francis T. Zatalava Father of J.D. Zatalava	Mae A. Zatalava Mother of J.D..Zatalava	John A. Zatalava Brother of J.D. Zatalava	The Zaczek Family Carol Smith	Coy R. Smith Family Carol Smith
The Jaronieski Fam. Carol Smith	Herbert E. Summers, Sr. Herbert E. Summers Jr.	In Memory of Bill Stitt Wife & Family	M/M Austin Weakland Bernadette Weakland	"Uncle Fred" Weakland Marguerite
David Frederick Family	Sally Colledge Husband Pete	Father Anthony Pollack Our Lady of Fatima	Denise Keagy By Friends	M/M Fred Weakland Brian Weakland Family



SPAGHETTI DINNER SALE
\$6.00 Per Dinner

Wednesday, March 17th from
4:00 PM to 6:00 PM
Pick up at the Rectory
2010 12th Avenue
Altoona - 942-0371

All orders must be received by:
Monday, March 15th by 12:00 Noon



"No man is lonely
while eating spa-
ghetti--it requires so
much attention"...
Anonymous

O.L.F. Keeping In Touch With Teens

CENTRAL MYSTERY OF THE CATHOLIC FAITH

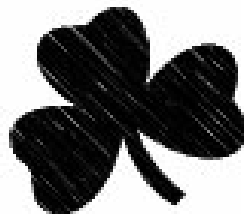
Catholics believe in one God, in three divine Persons, the Blessed Trinity. The three Persons in one God have been revealed by God and are known to us as the Father, the Creator; the Son, the Redeemer; and the Holy Spirit, the Sanctifier. The mystery of the Holy Trinity, three Persons sharing one nature, is a central mystery of the Catholic faith.

Traditional Prayer in Praise of the Trinity

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

THE SHAMROCK

Tradition says that St. Patrick used the shamrock to teach people about the Trinity. The three leaves, equal in all things, are all one plant.



RELIGION TRIVIA

- The term "monk" comes from the Greek word "monos" which means "single" or "alone."
- Recent surveys report that 85% of all Americans believe in God.
- Maryknoll is the most famous order of American missionaries.
- In Roman times Christianity was considered a Jewish heresy.
- There are over 56 million Catholic in the United States.
- Approximately 700 people officially reside in the Vatican.
- The first Bible printed in the New World was in Algonquian, the predominant language of Northeastern Native Americans.
- "Amazing Grace" is a popular Christian hymn composed by a repentant English slave-trader.



THE SIGN OF THE CROSS

One of the first prayers you were taught as a child was "The Sign of the Cross." This short prayer combines the words and the gesture of "signing" yourself to serve as a reminder of the mysteries of faith. In using "The Sign of the Cross" you honor the Blessed Trinity and keep before you always the symbol of redemption, the cross.

Many Catholics "bless themselves," using "The Sign of the Cross" throughout each day. Upon entering a Catholic Church, it customary to dip two fingers into the holy water font at the door and use it to bless yourself.

Most private and public prayers start with "The Sign of the Cross." It is customary to begin and end prayers of personal devotion, such as, the Rosary, grace at meals, morning or evening prayer with it. Some Catholics bless themselves before beginning a task or a journey or if they are facing some difficulty. This traditional practice has been used by many Catholics from early-childhood.

